

JOHN TRASK TOTAL SOCCER PRESENTS

UIC



2009 Soccer Day Camp



**Open to
Boys &
Girls
Ages 4-14**



**Session I -
June 15-19**

**Session II -
June 22-26**

**Session III -
July 6-10**

**Session IV -
July 13-17**



www.johntrasktotalsoccer.com

UIC SOCCER

NCAA TOURNAMENT SUCCESS

NCAA Tournament Round of 32 - 1999, 2006

NCAA Tournament 'Sweet 16' - 2000, 2008

NCAA Tournament 'Elite Eight' - 2007

Camp Director

DIRECTOR JOHN TRASK

Coach John Trask has taken the UIC men's soccer program to new heights in his four years with the Flames, using a proven formula for success that has helped every side he has ever been a part of maximize its potential.

Under Trask, UIC has blossomed from a squad that posted just five wins in the year prior to his arrival, to a team that has made three straight trips to the NCAA Tournament, advanced to the 2007



national quarterfinals and finished the last two seasons ranked among the top 15 nationally. Trask's style of soccer has helped mentor four All-America honorees in the last three years and develop one of the nation's stingiest defenses.

UIC was not the first place where Trask's winning formula was evident, though. During his nine-year tenure as an assistant under legendary head coach Jerry Yeagley at Indiana, he helped guide the Hoosiers to eight Big Ten titles and back-to-back National Championships (1998, 1999). Then as an assistant coach in Major League Soccer he aided the Miami Fusion to the 2000 U.S. Open Cup final and the 2001 MLS Supporters' Shield.

Trask's passion and knowledge for the game translate into innovative and challenging training sessions that allow players of any age and ability to improve their skills and develop their game. Coach Trask has organized a highly qualified and experienced staff to teach with him. They invite you to be part of the UIC Soccer Camp and look forward to the opportunity to work with you!

He has been successfully operating soccer camps since 1982. Coach Trask has also worked extensively with United States Soccer Federation youth national teams in developing professional and international players for the U.S. over the course of his coaching career.

Trask has tutored some of the biggest names in the game...

Landon Donovan
Demarcus Beasley
Freddy Adu
Preki
Hristo Stoichkov
Alex Pineda Chacon
Chris Klein
Nick Garcia

Pat Noonan
Brian Maissonueve
Eddie Pope
Dema Kovalenko
Pablo Mastreoni
Bobby Convey
Marco Etcheverry
Clint Mathis

Cory Gibbs
Chris Henderson
Earnie Stewart
Carlos Llamasa
Santino Quaranta
Jeff Agoos
Eddie Johnson
Eddie Gaven

ASSISTANT DIRECTOR SEAN PHILLIPS

UIC Associate Head Coach Sean Phillips will serve as the Assistant Director of the UIC Soccer Camp. He has served as a key administrator and instructor with various soccer camps since 1992.

Phillips has been a key cog in UIC's rise as a national competitor, aiding the team to three straight NCAA Tournament appearances, a trip to the 2007 national quarterfinals and a final top 15 national ranking in each of the last two seasons.

Prior to his arrival at UIC, Phillips served as an assistant coach at Indiana University and played an integral role in the team's success which included three College Cups and the 2004 National Championship.

Coach Phillips also served as the Director of Soccer for the Cutters Soccer Club from 2002-2004 and is a staff coach for the National Soccer Coaches Association of America (NSCAA). Phillips holds numerous coaching licenses, including an NSCAA Premier Diploma with Distinction and an NSCAA Goalkeeper Level III Diploma with Distinction.

An elite goalkeeping instructor, Phillips mentored Jay Nolly, an All-America honoree at Indiana who went on to MLS, and UIC keeper Jovan Bubonja, who earned All-America accolades in 2008. He continues his involvement with youth soccer clubs in his current role as the Technical Advisor for Chicago United Futbol Club.

The Total Soccer Player Approach

Soccer has become a fast paced interchangeable game which demands that all players can attack and defend with equal proficiency. In the modern game, players need a total development approach to their training. It is the belief of John Trask Total Soccer that to have success and enjoy the game, players need to be trained in all facets of the game.

Training sessions will be geared toward teaching each and every player to know the roles, responsibilities and skills needed to excel in all areas of the field. Technical ability with the ball and the ability to assess and make good decisions will be an important part of every training activity at the camp. All campers will be put in fun and challenging activities which mimic the pressures felt in the game.



This Total Soccer Player Approach will allow players to see new and rewarding activities which will aid them in their quest of excellence on the soccer field. Coach Trask and his staff will bring passion to the game of soccer for all participants.

THIS IS UIC

The University of Illinois at Chicago is the largest institution of higher learning in the Chicagoland area. UIC is conveniently located just west of the junction of three major expressways:

the Eisenhower (I-290), Kennedy (I-90/94 Northwest), and Dan Ryan (I-90/94 Southeast). Several exits provide access to the campus: Ashland, Damen, Halsted, Harrison, Morgan, Racine, Roosevelt and Taylor. From downstate, both I-55 and I-57 feed into northwest-bound I-90/94.



The campus was formed in 1982 by the consolidation of two campuses: the Medical Center campus, which dates back to the 19th century, and the comprehensive Chicago Circle campus which opened in 1965. Prior to the opening of Chicago Circle campus, the University of Illinois had a two year undergraduate program at Navy Pier which first opened in 1946 to educate returning veterans. UIC shares the rich tradition of the diversity of the city and the spirit of community that is part of the heritage of Chicago's near west side. The newly renovated South Campus provides an ideal setting for hosting this soccer camp.



GETTING TO UIC IS EASY

- 9-minute walk from the Blue Line
- 10-minute walk from Metra Halsted stop
- 25 minutes from Oak Park

Camp Information

LITTLE STARS

This introductory soccer camp for 4,5 and 6-year olds (at the time of camp) is available from 9:00 AM—11:00 AM. The main objective is to teach basic skills and fun soccer-related games to play with parents and friends.

HALF DAY

This option, available to 6 - 14 year olds (at the time of camp), is from 9:00 AM - 12:00 PM. During the morning session each group is divided by age and ability. Each camper will be taught fundamental soccer skills through activities that will lead to improved performance and further enjoyment of the game.

FULL DAY

The full day option available to 7 - 14 year olds (at the time of camp) is from 9:00 AM - 4:00 PM. The morning session will focus on technical development with individual and small group activities/ games. In the afternoon, players will be exposed to tactical ideas using various small and large sided games. Sign up for multiple sessions of the Full Day camp and save!

DROP OFF/PICK-UP

Campers should arrive at 8:30 AM on Monday. On all other days, morning drop off times are between 8:40 AM and 9:00 AM. Little Stars will be released at 11:00AM. Half Day campers will be released at noon and Full Day campers will be released at 4:00 PM. A more specific schedule and details will be included in the emailed confirmation letter. All confirmation details will be sent via email. A VALID EMAIL ADDRESS MUST be provided at the time of registration.

ADDITIONAL INFORMATION

Upon receipt of the camper's application and parental consent form a thorough checklist of items necessary for the camp will be sent with additional registration information. Please call (312) 996-6755 if you have not received confirmation of enrollment within three weeks of applying. If you have any questions, need additional applications, or require further information, contact our office.

“Coach Trask and his staff’s innovative approach to the development of the Total Soccer Player will enhance any player’s ability to play the game of soccer. With over 20 years of experience running and directing soccer camps, Coach Trask has the background and vision to make this camp a standard of excellence in the Chicagoland area.”

*Jerry Yeagley
Retired Head Coach
Indiana University
Six-time National Champion*



Enrollment Information

SAME PRICING AS LAST YEAR!

Session I - June 15-19, 2009	Fee	Fee After 6/1/09	Camp Code
Little Stars	\$100	\$115	A
Half Day	\$185	\$200	B
Full Day*	\$265	\$280	C

Session II - June 22-26, 2009	Fee	Fee After 6/1/09	Camp Code
Little Stars	\$100	\$115	D
Half Day	\$185	\$200	E
Full Day*	\$265	\$280	F

Session III - July 6-10, 2009	Fee	Fee After 6/1/09	Camp Code
Little Stars	\$100	\$115	G
Half Day	\$185	\$200	H
Full Day*	\$265	\$280	I

Session IV - July 13-17, 2009	Fee	Fee After 6/1/09	Camp Code
Little Stars	\$100	\$115	J
Half Day	\$185	\$200	K
Full Day*	\$265	\$280	L

* Sign up for multiple sessions of full-day camp and save, as fee is reduced to \$250 per session!

HOW TO ENROLL

Complete the application and parental consent form, and mail the form along with your payment to: John Trask Total Soccer, PO Box 803170, Chicago, IL 60680-3170. No telephone reservations are accepted. Those who cannot attend camp for medical or other reasons will be refunded all but a 10% handling fee. If upon applying, the camp is full in your age group; our office will notify you immediately. To receive a refund the camp office must be notified 48 hours prior to registration. Enroll early as limited on-site reservations will be accepted for the sessions!

Online registration is now available at www.johntrasktotalsoccer.com.

Physicals

No physical examination is required. Each camper must have a new, completed consent form on file with the camp each summer. The form is on the back of the application.

Lunch/Snack

Little Stars and Half Day campers should bring a snack to camp in a clearly marked container. Full Day campers should bring a snack and lunch. We do offer a lunch option. This option is an additional \$50 per camper for the week and can be indicated on the application. Unfortunately, we are not able to provide vegetarian or special dietary needs lunches. We urge those with special dietary needs to bring their own snack & lunch. We recommend that each camper bring their own water jug. Please make sure that all items brought to camp are clearly marked with identification.

Equipment Needs

Campers are required to have their own clearly marked soccer ball and water bottle at camp. Bring your own ball or purchase a hand stitched age-appropriate soccer ball. The purchase price is \$30 if paid in advance and can be indicated on the application. A soccer ball may be purchased at registration for \$35 while supplies last. Campers will pick up their camp ball at registration.

**Register by March 15 and Receive a
FREE UIC Mini Soccer Ball**

2009 Day Camp Application

Enroll My: Son Daughter

Last Name

First Name

Middle Initial

Address

City

State

Zip

Home Phone

Cell Phone

Parent E-Mail Address **(PLEASE DO NOT OMIT THIS INFORMATION)**

Age at Camp

Date of Birth

Grade Fall '09

Name of School in Fall '09

Name of Team

T-Shirt Size Youth: S M L Adult: S M L XL

CAMP FEES AND PAYMENT INFORMATION

(Make Check Payable to John Trask Total Soccer)

Camp Codes and Camp Fees Can Be Found in the Enrollment Information

SAVE TIME - REGISTER ONLINE AT www.JOHNTRASKTOTALSOCCER.com

Camp Code _____ Camp Fee \$ _____

Camp Ball \$30.00

Optional Lunch for Full Day Campers \$50.00

Total \$ _____

METHOD OF PAYMENT

Check Visa MasterCard

Credit Card #

Exp. Date

CVV

Name on Card

Signature

Please Mail Completed Application and Signed Parental Consent to:

JOHN TRASK TOTAL SOCCER
PO Box 803170, Chicago, IL 60680-3170
(312) 996-6755
www.johntrasktotalsoccer.com

FOR OFFICE USE ONLY

Application Received _____ Check # _____

Balance Received _____ Check # _____

Paid by Credit Card _____ Conf. # _____

Parental Consent Form

To enable the University of Illinois Medical Center at Chicago to provide prompt care to your minor son/daughter in the event of an emergency, we must have a newly completed Parental Consent Form on file each year. This completed and signed form allows us to help your child without delay, in the event of an emergency. (Please print or type)

Name of Minor

Date of Birth

Insurance Company

Do Not Omit This Information

Name of Policy Holder

Policy Holder Date of Birth

Policy#/or Group#

Insurance ID#/SSN# (if used by insurance)

Date of Last Tetanus Toxoid

Do Not Omit This Information

MEDICAL INFORMATION

Allergic Reactions

Medication Presently Taking

Past Illness or Other Information That Would Be Useful in the Event of an Emergency

EMERGENCY NUMBERS

Fathers Name - Home/Work/Mobile

Mothers Name - home/Work/Mobile

Name and Phone Number to Call if Parents Can Not Be Reached

PLEASE CHECK ONE OF THE FOLLOWING OPTIONS AND SIGN

I grant permission to the director, assistants or other persons responsible for his/her care to act on my behalf for said minor in granting permission for evaluation and treatment of medical problems. I understand that should a major medical problem arise, an attempt will be made to notify me by telephone. In the event that I cannot be reached, I hereby give my consent to such treatment as deemed necessary (including surgery, x-ray examinations and anesthesia to be rendered to said minor by a licensed physician or nurse).

I authorize limited care as follows:

Full Name of Father/Guardian

Full Name of Mother/Guardian

I, _____, declare that I am the Father/Mother/
Guardian of the above named minor. (Circle correct title)

Signature of Parent/Guardian

Date

JOHN TRASK TOTAL SOCCER

PO Box 803170

Chicago, IL 60680-3170

