

JOHN TRASK TOTAL SOCCER PRESENTS

UIC

adidas



2009 Soccer Camp

Open to Boys Ages 12-18

**Session I -
June 14-18**

**Session II -
July 5-9**



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www.johntrasktotalsoccer.com

UIC SOCCER

NCAA TOURNAMENT SUCCESS

NCAA Tournament Round of 32 - 1999, 2006

NCAA Tournament 'Sweet 16' - 2000, 2008

NCAA Tournament 'Elite Eight' - 2007

Camp Director

DIRECTOR JOHN TRASK

Coach John Trask has taken the UIC men's soccer program to new heights in his four years with the Flames, using a proven formula for success that has helped every side he has ever been a part of maximize its potential.

Under Trask, UIC has blossomed from a squad that posted just five wins in the year prior to his arrival, to a team that has made three straight trips to the NCAA Tournament, advanced to the 2007

national quarterfinals and finished the last two seasons ranked among the top 15 nationally. Trask's style of soccer has helped mentor four All-America honorees in the last three years and develop one of the nation's stingiest defenses.



UIC was not the first place where Trask's winning formula was evident, though. During his nine-year tenure as an assistant under legendary head coach Jerry Yeagley at Indiana, he helped guide the Hoosiers to eight Big Ten titles and back-to-back National Championships (1998, 1999). Then as an assistant coach in Major League Soccer he aided the Miami Fusion to the 2000 U.S. Open Cup final and the 2001 MLS Supporters' Shield.

Trask's passion and knowledge for the game translate into innovative and challenging training sessions that allow players of any age and ability to improve their skills and develop their game. Coach Trask has organized a highly qualified and experienced staff to teach with him. They invite you to be part of the UIC Soccer Camp and look forward to the opportunity to work with you!

He has been successfully operating soccer camps since 1982. Coach Trask has also worked extensively with United States Soccer Federation youth national teams in developing professional and international players for the U.S. over the course of his coaching career.

Trask has tutored some of the biggest names in the game...

Landon Donovan
Demarcus Beasley
Freddy Adu
Preki
Hristo Stoichkov
Alex Pineda Chacon
Chris Klein
Nick Garcia

Pat Noonan
Brian Maissonueve
Eddie Pope
Dema Kovalenko
Pablo Mastreoni
Bobby Convey
Marco Etcheverry
Clint Mathis

Cory Gibbs
Chris Henderson
Earnie Stewart
Carlos Llamasa
Santino Quaranta
Jeff Agoos
Eddie Johnson
Eddie Gaven

ASSISTANT DIRECTOR SEAN PHILLIPS

UIC Associate Head Coach Sean Phillips will serve as the Assistant Director of the UIC Soccer Camp. He has served as a key administrator and instructor with various soccer camps since 1992.

Phillips has been a key cog in UIC's rise as a national competitor, aiding the team to three straight NCAA Tournament appearances, a trip to the 2007 national quarterfinals and a final top 15 national ranking in each of the last two seasons.

Prior to his arrival at UIC, Phillips served as an assistant coach at Indiana University and played an integral role in the team's success which included three College Cups and the 2004 National Championship.

Coach Phillips also served as the Director of Soccer for the Cutters Soccer Club from 2002-2004 and is a staff coach for the National Soccer Coaches Association of America (NSCAA). Phillips holds numerous coaching licenses, including an NSCAA Premier Diploma with Distinction and an NSCAA Goalkeeper Level III Diploma with Distinction.

An elite goalkeeping instructor, Phillips mentored Jay Nolly, an All-America honoree at Indiana who went on to MLS, and UIC keeper Jovan Bubonja, who earned All-America accolades in 2008. He continues his involvement with youth soccer clubs in his current role as the Technical Advisor for Chicago United Futbol Club.

The Total Soccer Player Approach

Soccer has become a fast paced interchangeable game which demands that all players can attack and defend with equal proficiency. In the modern game, players need a total development approach to their training. It is the belief of John Trask Total Soccer that to have success and enjoy the game, players need to be trained in all facets of the game.

Training sessions will be geared toward teaching each and every player to know the roles, responsibilities and skills needed to excel in all areas of the field. Technical ability with the ball and the ability to assess and make good decisions will be an important part of every training activity at the camp. All campers will be put in challenging activities which mimic the pressures felt in the game.

The game has also changed for the goalkeeper. A goalkeeper can now be best defined as a soccer player who must be able to confidently handle shots and crosses while supporting the team via verbal commands and possession. Those players who are in the goalkeeper segment of the camp will be exposed to activities that train the traditional technical aspects of goalkeeping while integrating them into the rest of the team's play.

This Total Soccer Player Approach will allow players to see new and rewarding activities which will aid them in their quest of excellence on the soccer field. Coach Trask and his staff will bring passion to the game of soccer for all participants.

"I met Coach [Trask] when I was deciding on a college program. He was one of the main reasons I went to IU. His passion and training sessions helped me get to the MLS and realize my goals as a player. Coach and I remain great friends today."

*Dema Kovalenko
Midfielder,
10-Year Professional
Two-time All-American,
Indiana University*

THIS IS UIC

The University of Illinois at Chicago is the largest institution of higher learning in the Chicagoland area. UIC is conveniently located just west of the junction of three major expressways: the Eisenhower (I-290), Kennedy (I-90/94 Northwest), and Dan Ryan (I-90/94 Southeast). Several exits provide access to the campus: Ashland, Damen, Halsted, Harrison, Morgan, Racine, Roosevelt and Taylor. From downstate, both I-55 and I-57 feed into northwest-bound I-90/94.



Stukel Towers is the overnight home for the UIC Soccer Camp

The campus was formed in 1982 by the consolidation of two campuses: the Medical Center campus, which dates back to the 19th century, and the comprehensive Chicago Circle campus which opened in 1965. Prior to the opening of Chicago Circle campus, the University of Illinois had a two year undergraduate program at Navy Pier which first opened in 1946 to educate returning veterans. UIC shares the rich tradition of the diversity of the city and the spirit of community that is part of the heritage of Chicago's near west side. The newly renovated South Campus provides an ideal setting for hosting this soccer camp.



Camp Information

THE UIC SOCCER CAMP

The UIC Soccer Camp is an exclusive training program open to boys ages 12 to 18 (at the time of camp). This program will provide a professional/collegiate learning environment for those athletes serious about perfecting their game. Given this unique camp structure, space will be limited! Register early as these spots will go quickly.

COMMUTER OPTION

For those players who reside locally, the Commuter Option allows for participation, excluding housing. These players will commute to and from the camp on a daily basis. John Trask Total Soccer, Inc. will not provide this transportation. Commuters will need to meet at 9:00 AM for the morning training session and conclude their day after the evening matches. These players will not stay in the dormitories but will be fed lunch and dinner.

TYPICAL SCHEDULE

7:00-8:00 a.m.	Breakfast
9:00-11:00 a.m.	Training Session
11:15 a.m.-12:30 p.m.	Lunch
12:30-1:30 p.m.	Rest Period
1:30-3:30 p.m.	Training Session
3:30-5:00 p.m.	Free Time/Film Study
5:00-6:00 p.m.	Dinner
6:30 & 7:30 p.m.	Full-Sided Games
9:00 p.m.	Evening Activity
11:00 p.m.	Lights Out

CHECK-IN/CHECK-OUT

Campers will register between 1:00 – 3:00 PM central time on Sunday. The first training session is Sunday at 3:30 PM. Camp will conclude on Thursday at 12:00 noon. **A more specific schedule and details will be included with the confirmation letter.**

CONFIRMATION LETTER & ADDITIONAL INFO.

Upon receipt of the camper's application and parental consent form, a thorough checklist of items necessary for the camp will be sent with additional registration information via email. **A valid email address must be included on the application. Applications will not be processed without a valid e-mail address.** Please call (312) 996-6755 if you have not received confirmation of enrollment within three weeks of applying. If you have any questions, need additional applications, or require further information, contact our office.

“Coach Trask and his staff’s innovative approach to the development of the Total Soccer Player will enhance any player’s ability to play the game of soccer. With over 20 years of experience running and directing soccer camps, Coach Trask has the background and vision to make this camp a standard of excellence.”

*Jerry Yeagley
Retired Head Coach
Indiana University
Six-time National Champion*



Enrollment Information

Session I - June 14 - 18, 2009

	Fee	Camp Code
Residential	\$545	R108
Commuter	\$435	C108

Session II - July 5 - 9, 2009

	Fee	Camp Code
Residential	\$545	R208
Commuter	\$435	C208

HOW TO ENROLL

Complete the application and parental consent form, and mail the form along with a deposit of \$300 (or you may send the complete camp fee at once) to John Trask Total Soccer, PO Box 803170, Chicago, IL 60680-3170. **No telephone reservations are accepted.**

To pay by credit card, complete the application and parental consent form and mail them to our office. The full payment is charged when using a credit card and will not be processed without the parental consent form. Those who cannot attend camp for medical or other reasons will be refunded all but a 10% handling fee. If upon applying, the camp is full, our office will notify you immediately. To receive a refund the camp office **must** be notified 48 hours prior to check-in.

Online registration is now available at www.johntrasktotalsoccer.com.

Eligibility

All campers must be between the ages of 12 - 18 at time of the camp or a recent high school graduate (Spring 2009.) This camp is for boys only.

Physicals

No physical examination is required. Each camper must have a new, completed consent form on file with the camp each summer. The form is on the back of the application.

Camp Insurance

John Trask Total Soccer, Inc provides secondary accident/medical insurance.

Meals and Housing (Stukel Towers)

Camper meals are provided for each camper. Commuter campers will be provided lunch and dinner while the residential campers will be provided three meals per day. The suite-style dormitory rooms in Stukel Towers, the newest resident hall on campus, are air-conditioned. Each suite has its own bathroom. Roommate requests are taken into consideration but can not be guaranteed.

Camp Ball

Campers are required to have their own clearly marked soccer ball at camp. Bring your own ball or purchase a size 5 soccer camp ball. The purchase price is \$30 if paid in advance and can be indicated on the application. A soccer ball may be purchased at registration for \$35 while supplies last. Campers will pick up their camp ball at registration.



2009 Camp Application

Enroll My Son: Goalkeeper Field Player

Last Name

First Name

Middle Initial

Address

City

State

Zip

Home Phone

Cell Phone

Parent E-Mail Address (PLEASE DO NOT OMIT THIS INFORMATION)

Participant E-Mail Address

Age at Camp

Date of Birth

Grade Fall '09

Name of School in Fall '09

Name of Club Team

T-Shirt Size Adult: S M L XL

HOUSING INFORMATION

Roomate may be requested, but we can't guarantee this request. Request must be declared in advance.

Name of preferred roommate

Age/Grade

CAMP FEES AND PAYMENT INFORMATION

(Make Check Payable to John Trask Total Soccer)

Camp Codes and Camp Fees Can Be Found in the Enrollment Information

Camp Code _____ Camp Fee \$ _____

Deposit Per Camper \$300.00

Camp Ball (size 5) \$30.00

Total \$ _____

Payment for ball and deposit must accompany application. FINAL PAYMENT BALANCE DUE MARCH 31. Applications sent after March 31 must have full payment. If you pay by credit card, the full amount will be charged.

METHOD OF PAYMENT

Check Visa MasterCard

Credit Card #

Exp. Date

CW

Name on Card

Signature

Please Mail Completed Application and Signed Parental Consent to:

JOHN TRASK TOTAL SOCCER
PO Box 803170, Chicago, IL 60680-3170
(312) 996-6755
www.johntrasktotalsoccer.com

FOR OFFICE USE ONLY

Application Received _____ Check # _____

Balance Received _____ Check # _____

Paid by Credit Card _____ Conf. # _____

JOHN TRASK TOTAL SOCCER

PO Box 803170

Chicago, IL 60680-3170

